

ABOUT US

Our work is literally a labor of love to help with an untimely pregnancy and to provide assistance while parenting.

Since our inception in 1973, HELP Pregnancy Aid has provided services to many individuals and families, serving over 3000 client visits a year.

It is our hope that every person leaves HELP feeling empowered to make informed decisions, while promoting the health of mom and the healthy development of baby from conception through the first critical years of life.

As we respond to the unique needs that come through our doors, **we rely on and are so grateful for the support of our many volunteers and generous donors who make it possible to help.**



GABRIELLA'S STORY

"They gave me the courage to have my baby and the courage to keep going. When my boyfriend and I came for the ultrasound it was very emotional. We are so happy and so grateful we found HELP."



705 Bridge N.W. • Grand Rapids, MI 49504
Phone/Text 616-459-9139
www.HelpPregnancy.org
info@HelpPregnancy.org
Monday – Thursday 9:30 am to 3:30 pm

OUR MISSION

*HELP Pregnancy Aid, Inc.
is a non-profit organization
dedicated to providing
life-giving support
and services to
women and families.*

OUR VISION

*Setting our sights on the future,
Our vision is to create a
community of
support that challenges
the status quo in
pregnancy support services
by helping others
overcome obstacles that
challenge life-giving values.*

**For more information
about our vision, visit
helppregnancy.org/vision-2025**

Life's Challenges Offer
LIFE CHOICES 



We Will...

LISTEN

We are here to listen to your heart.

ACKNOWLEDGE

We understand and acknowledge you may be feeling overwhelmed. Be courageous.

ACCEPT

We accept YOU.

PROVIDE

We have many services to assist you in making the most difficult and important choice of your life.



Our goals as an organization are to encourage and empower women before, during and after pregnancy:

- Through the lens of our Catholic faith, we provide loving support, sharing accurate, life-giving information about health, sex and pregnancy.
- Providing vital educational programs and resources that encourage a safe and healthy pregnancy.
- Offering confidential peer counseling in a non-judgmental manner.
- Connecting women considering adoption as a parenting option with licensed adoption services.
- Providing baby essentials necessary to meet the basic needs of infants and toddlers.
- Providing referrals to health care, legal, social service, and educational institutions who share common life-giving values.
- Supporting women struggling with issues such as post-abortive trauma, substance abuse and domestic violence with resources and referrals.
- Promoting the involvement of both parents in each child's life by offering classes and/or referrals to support fathers, as well.



SERVICES & PROGRAMS

• Pregnancy Tests

Walk-in and confidential.

• Limited Ultrasound Services

Call or schedule an appointment on-line @ helppregnancy.org/medical-services. A certified technician is available to verify pregnancy, determine the gestational age and see the heartbeat.

• Abortion Pill Reversal

If you have taken the first pill for a medical abortion and change your mind there are treatments to possibly reverse the effects of the first pill. **Visit: abortionpillreversal.com**

• Maternity Clothing Program

• Layette Program

Just prior to giving birth, expectant mothers are provided baby essentials which enable her to feel well prepared to bring her baby home.

• Loving Arms Program

Expectant mothers and mothers of infants are offered educational opportunities to earn points that can be exchanged for baby essential items from our Loving Arms Boutique.

• Wright Connection Program

Educational programs led by professionals throughout our community are offered in the Wright Connection, an inviting living-room style space. Additionally, clients build community, supporting one another in this warm and welcoming environment.

• Emergency Material Assistance

Baby formula, diapers and wipes, clothing and other essentials are offered on a walk-in emergency basis.

• Community Links

Clients are linked to community resources related to pre- and post-natal medical care, housing, pregnancy counseling, adoption, food pantries and other social services.

* All services and programs provided at no cost.

* We help up to the child's 3rd birthday.



TONISHA'S STORY

“My mom and I came to HELP to see if they did abortions. We talked to a staff person, she said a baby is considered a blessing. We thought about that so much. We came back a few days later for an ultrasound and to hear the heartbeat. I couldn't imagine my life without this baby.”